



Catholic Daughters of the Americas®

March 2019

Court Oregon #118 Eugene, Oregon

Chartered October 1909

Regents Message

Dear Members,

Thank you to all the ladies that helped put together food, served and cleaned up for the St. Mary Feast Celebration on February 2nd. There was a great turn out and the food was enjoyed by all.

The Sweet Heart Fudge and Bake sale went very well. Thank you to all the ladies that stopped by to help and to those that contributed items to sell. It is by these fundraisers that our Court is able to make donations to many local projects. One project that benefitted from the fudge sales was the youth attending the Steubenville Conference in July.

Have you missed the potlucks at our monthly meetings? Our next potluck lunch will be June 20th. This would be a great time to invite a friend or family member to come and see what our Court is involved in. For CDA members that work or have other daytime commitments there will be an evening meeting scheduled in May. This also would be a great time to invite other ladies to attend our monthly gathering. Please watch the April newsletter for a confirmed date, time and place.

The State Convention is the last weekend of April. Please consider attending this CDA event.

Ash Wednesday is March 6th which marks the beginning of Lent. I pray that you are blessed with a faith filled Lenten journey.

In Unity and Charity,

Julia Kelso, Regent

The Catholic Daughters of the Americas is one of the oldest and largest organizations of Catholic women in the Americas.



Mission Statement

“Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality, and the advancement of human rights and human dignity for all.”

Catholic Daughters of the Americas Court Oregon #118

Next meeting will be held Thursday, March 21, 2019

12:15 Mass at St. Mary Parish

1:00 BROWN BAG LUNCH

1:30 Regular business meeting

St. Mary Parish Hall, 1062 Charnelton St. Eugene

Please join us as speaker Jerry Ragan from Catholic Community Services of Lane County will be speaking and will have a presentation at 1:00 pm.

Prayer Corner



For our Court members

Stacy Vinolus, Regina Kungys-Cary, Kay Gillette - Past Local Court Regent, Eileen Laudani, Mary Maira, Olga Saban, Ernestine O'Brien, Ruby Meyer, Pat Vohs, Rosy Makyadath, Cathy Frei, Anna Seeley, Cathy Kirby, and Ronnie Chouinard

Deceased of CDA members

Ralph Duda father of Irene Duda, State Regent

Family of CDA members

Thomas – Husband of Ernestine O'Brien

Grace Englehardt – Sister of Tess Cersovski

Sarah – Granddaughter of Ernestine O'Brien

Darren – Husband of Cathy Kirby and
son-n-law of Anna Marie Blume

James - Son of Marjorie Robb

Julie Ann Daughtery – Daughter of Eileen Laudani

For others in need of our prayers

Pope Francis, Pope Emeritus Benedict XVI, Archbishop
Alexander K. Sample, Archbishop Emeritus John G. Vlazny,
Bishop Steiner, Bishop Smith and Bishop Cary.

All Priests and religious men and women.

Everyone affected by natural disasters.

For all that are looking for employment.

All men and women serving our country.

All those suffering from medical / mental impairments.

**Please send prayer requests or to have your name removed
to Regent Julia Kelso.**

DAILY LENTEN PRAYER

God of mercy, You have given us this special time to reflect on
our lives, believe in the Good News and draw closer to you.

May this season of Lent help us use this time to fast and pray,
be more generous and show others how to live in Christ.

Let us see each day of this season as a new opportunity to renew
our lives and gain a deeper appreciation of your active presence
in us and our community of faith.

Give us the grace to see your face in others, especially the poor
and those who suffer.

And through your Spirit, enkindle in us the fire of Your love so
that we may be better disciples of Your redeeming work
throughout the world.

"Tools of the Trade" – by Nancy Bambanek, Minnesota

Court Officers

Rev. Ron Nelson
Court Chaplain
541-342-1139



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Eugene, Or 97405



Corrine Clifford
Treasurer
2754 St. Lucia
Eugene, Or 97408



cdacourt118cmc@gmail.com

District Deputy – Vacant

Websites:

Local

www.cdacourtoregon118.com

State

www.oregoncda.us

National

www.catholicdaughters.org

Newsletter Editor: Julia Kelso

Court Chaplain's Message

Dear Catholic Daughters,

Feb. 19, 2019



The Lenten season is right around the corner. It is interesting to note that I have encountered several men who are participating in this new program called Exodus 90. It is spiritual exercise of 90 days involving prayer and asceticism supported by fraternity of like-minded men that will end on Easter. It is a kind of Bootcamp for Catholic Men. I mention this because we should be much more intentional about our practices for the Lenten season. Lent should be our spiritual bootcamp. Prayer, fasting, and almsgiving are still penitential practices that are dear to our Christian tradition, and Lent is a time of spiritual training. Lent is a time to prepare for Easter, or better to prepare ourselves to better experience the power of God at Easter. These spiritual practices of self-denial are an important part of our Christian heritage. Even our Lord, Jesus, fasted to prepare for his mission. The question that might come to our mind is, what good does depriving ourselves of God's good gifts do for us? Fasting helps us to overcome sin. One of God's first prohibitions was not to eat of the fruit of the knowledge of good and evil (Gen. 2:16-17). True fasting is not so much about giving something up, but about making room to receive what God has to give: "Man shall not live on bread alone, but by every word that comes from the mouth of God." (Mt. 4:4). Fasting is used to bridle sin, especially sins of the flesh. Fasting teaches us not to live for ourselves but the one who gave us life. St. Augustine says that it helps us to avoid sin and increase intimacy for God. And it makes us more empathetic to our brothers and sisters who are hungry. Keep in mind that we can fast from more than food, i.e., you can fast from a warm shower, you can fast from speaking that witty retort ... be creative!

Almsgiving represents a specific way to assist those in need and, at the same time, it is an exercise in self-denial to free us from attachment to worldly attachments. We are not created for ourselves but for God and for our brothers and sisters. We are connected. Our alms also represent, in a sense, ourselves. It is a gift of our selves. You might consider when you fast from a meal that any funds (alms) that you might have spent otherwise, go to a charity that serves the poor; that way you will have an even deeper connection to those who are less fortunate.

Lastly, we can look at the Lenten practice of prayer, which is enhanced by these other two Lenten practices. If you find that your prayer seems dry or useless, almsgiving and fasting can bring new life to your prayer. Our prayer is not just about me and God, but prayer is for the whole Church – this is most evident in liturgical prayer. I would encourage you to make a resolution to spend some time in the adoration chapel ... sign up for an hour during the Lenten season.

To conclude, these three practices: prayer, fasting, and almsgiving, are tried and true parts of our tradition, so I encourage you this Lenten season to make use of these practices. Our ultimate goal is to participate in God's divine life, just as the branches share in the same life as the vine. These practices can help you more deeply connect with Jesus who is the Divine vine. Stretch your hearts and drink deeply of what the Lord has in store for you.

In Christ,

Rev. Ron Nelson

A CLOSER WALK WITH JESUS

(By Court Vice Regent Tess Cersovski)

ASK THE GUARDIAN ANGELS

Dear Guardian Angels Faith & Hope:

What is the difference between Shrove Tuesday, Pancake Day, Fat Tuesday and Mardi Gras? Why do we celebrate them?
Signed: Confused Catholic Daughter

Dear CCD, I can see your confusion. Shrove Tuesday, Pancake Day, Fat Tuesday and Mardi Gras are names for the day before Ash Wednesday. Different countries have developed various names for this day and have handed down century old traditions.

Shrove Tuesday is the day before Ash Wednesday which falls on March 5, 2019. It is the one day of the year that Christians are meant to use up all the rich foods especially eggs, milk and sugar before the 40 days of fasting. These foods were off-limits during Lent. Shrove Tuesday is a time to reflect on the four [4] **Pillars of Faith:** (1) Eggs for **creation**, (2) **Flour being the “stuff” of life**, (3) **Milk for purity** and (4) **Salt for wholesomeness**. The word 'shrove' derives from an archaic English word, "shrive," that has to do with an acknowledgement of sins and means “to confess”. This day gives those who observe Lent the opportunity to consider what they might need to repent for or improve in their lives during the Lenten period of restriction and fasting.

Pancake Day or Pancake Tuesday is celebrated in the UK, Ireland and parts of the Commonwealth. Pancakes are eaten on this day because **pancakes** can be made with ingredients that were traditionally forbidden during Lent, including **fat**, sugar and eggs. Thus, Pancake Day was a way to use up food because this day is designed to prepare Catholics and Christians for the Lenten season of fasting that starts on Ash Wednesday.

Fat Tuesday begins on or after the Christian feasts of the Epiphany (Three King's Day) and culminates on the day before Ash Wednesday. Traditional, Fat Tuesday refers to the practice of the final night of eating large meals before the ritual of fasting initiates with the Lenten season beginning on Ash Wednesday. Fat Tuesday traditions include dressing up in costumes, wearing masks, dancing, attending large public gatherings, parades, attending sporting events, and consuming large volumes of alcohol throughout the day.

Mardi Gras refers to events of the [Carnival](#) celebration, beginning on or after the Christian feasts of the [Epiphany](#) (Three Kings Day) and culminating on the day before [Ash Wednesday](#). Mardi Gras is French for “**Fat Tuesday**”, reflecting the practice of the last night of eating richer, fatty foods before the ritual fasting of the Lenten season. The origins of Mardi Gras can be traced to medieval Europe, passing through Rome and Venice in the 17th and 18th centuries to the French House of the Bourbons. From here, the traditional revelry of "Boeuf Gras," or fatted calf, followed France to her colonies. Mardi Gras was started in New Orleans in 1781. In 1875, Governor Warmoth signed the “Mardi Gras Act”, making Fat Tuesday a legal holiday in Louisiana, which it still is. New Orleans hosts the largest Mardi Gras celebration in our country.

STAYING CONNECTED TO JESUS

COFFEE: Christ Offers Forgiveness For Everyone Everywhere

2 WEBSITES THAT OFFER FREE LENTEN RETREATS AND PRAYERS:

<https://praymoreretreat.org> --- John-Paul & Annie - Pray More Retreat (Lenten)
mami@oblatesusa.org --- Get Your Free Lenten Prayers eBook

COMMITTEE CHAIRS

Quality of Life

Lynda Atto~ Human Trafficking
Corrine Clifford~ Health and Wellness

Youth

JCDA ~ Lisa Hurlimann

Legislation

Vacant

Education

Christie Beltran – Education Contest

Spiritual Enhancement

Lisa Hurlimann ~ Spiritual Chair
Oguilvia Skelton ~ Seminarian Chair

Leadership

Barbara Gunn & Rosy Makyadath
Membership
Jane Myrand & Pat Halvorsen
Refreshment

Family

Pat Halvorsen ~ First Way

Court Parliamentarian

Tess Cersovski

Webmaster

Miriam Cersovski

Birthday

March

6 – Laura Cox*
20 – Cecilia Hann
22 – Rosy Makyadath*
27 – Martha Lynch*
31 – Kay Gillette*
31 – Oguilvia Skelton*

April

2 – Jackie Cabalka*
8 – Anna Marie Blume*
10 – Rosa Gonzalez*
13 – Juanita Thorstad*
14 – Stacy Lee Vinolus*
18 – Corrine Palmer
25 – Eileen Laudani*
27 – Anna Seeley*
30 – Donna Slonecker



**Jerry Ragan,
Development Director**

Jerry Ragan will speak and have a presentation at our March 21st meeting date. Please join us to hear about the many works that Catholic Community Services is involved in the Lane County area.

FIRST WAY ~ BABY SHOWER

Court Oregon #118 will be collecting baby clothes, blankets, diapers, wipes and anything related to Loving and caring for infants. These items will be collected during the months of:

March ~ April ~ May

Following our May meeting all items will be taken to First Way. If you would like to make a monetary donation you may mail your check with "First Way" written on the memo line and mail to the Courts Financial Secretary:

Friah Rogers 3209 Chambers St. Eugene, OR 97405

First Way is grateful for the support of CDA.

LOCAL COURT NEWS

Fifth Sunday Breakfast ~ March 31, 2019

Catholic Daughters will assist the Knights of Columbus with set up of table settings, food preparations, cooking, and serving and clean up on this Fifth Sunday. Please come and help with this community event. What a great opportunity for Catholic Daughters to help the Knights and to show who we are.



Mark your calendar for the 5th Sunday in 2019
March 31 ~ June 30 ~ September 29 ~ December 29





Carmel of Maria Regina
Women's Auxiliary Invites You to the
Annual Carmelite Dinner
Tuesday, April 30, 2019

O'Hara Catholic School
715 W. 18th Ave.
5:00 pm Doors Open
6:00 pm Dinner

Tickets \$25.00
Tickets sold in advance

*Dinner, Silent Auction,
Drawings for Fabulous
Prizes and More...*



For ticket and event information, please contact:

Tickets to the Carmelite Dinner

Tickets will be available for purchase at the March 21st CDA meeting. If you have questions or need tickets please contact:

Eileen Laudani 541-344-6460

Membership

Court members help is needed.

You are encouraged to invite someone to join Catholic Daughters. Let others know who we are. Many ladies do not know about our organization and it is up to us to share what and who Catholic Daughters are. Yes we put on a High Tea and yes we hold bake sales, but we are more than that. Everyone has an opportunity to be as involved as their lives permit them.

Did you know that you can invite someone to a meeting? It is not mandatory that members attend all meetings and functions. Ladies are welcome to join us for lunch and attend a meeting to hear what CDA has going on. Did you know that our Court has a website? Many ladies use the internet and this is a wonderful tool for women to look at our local website and the National Catholic Daughter website, too.

Here are a few suggested ideas:

- When you are done reading your newsletter hand it out to someone. It has all the contact information in it.
- Recommend our Court's website or the National website.
- Tell someone why you joined.
- Pray that women will feel called to serve the Lord through their works in Catholic Daughters.

"Serve the Lord with Gladness"

Psalm 100.2

SEMINARIAN NEWS

Court Oregon #118 Adopted Seminarians

Please pray for our Court's adopted Seminarians as well as vocations to the religious life.



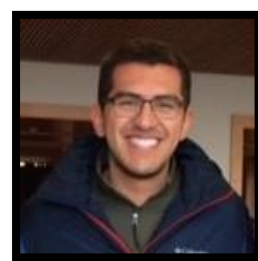
Tristan Dillon
Mt. Angel



Dalton Rogers
Mt. Angel



Bonaventure Okoro
Mt. Angel



Andre Sicard-Rodriguez
Mt. Angel

Tristan Dillon, Oakland, Mt. Angel, Theo 2 ~ Dalton Rogers, Fresno, Mt. Angel, Theo 2
Anthony Hoangphan, Portland, Mt. Angel, Theo 1 ~ Bonaventure Okoro, Fresno, Mt. Angel, Theo 3
Andre Sicard-Rodriguez, Salt Lake City, College 4



Send your notes of encouragement to:
Mount Angel Abbey, 1 Abbey Drive, St. Benedict, Oregon 97373
And
Chase Eugene Willcuts, Portland, Pastoral year at St. Mary, Eugene
Address: St. Mary Parish 1062 Charnelton St. Eugene, OR 97401

~~~~~ *PRAYER ~ FOR PRIESTLY VOCATIONS*

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death.
By our worship of the sacrament of your body and blood,
We beg you to give the Church more priests.
Guide them to be worthy ministers for your altars and courageous servants of the Gospel.
Help them to serve you with undivided hearts as they follow in your footsteps.
Strengthen them to put out their lives in loving service to their brothers and sisters.
Keep them faithful to your teaching and never let them be parted from you
For you are Lord forever and ever. Amen.

Tools of the Trade ~ Adapted from the Roman Missal



Farewell to Fr. Edgar Rivera

Fr. Edgar Rivera was one of Court Oregon #118 adopted Seminarians. Our Court has been blessed to have Fr. Edgar present at St. Mary Parish. Fr. Edgar has been assigned to St. Helen in Junction City and St. Rose in Monroe. We pray for Fr. Edgar as he transitions to his new location.

Forty-Eighth Biennial State Convention

Date: April 26, 27 & 28, 2019

Place: Sacred Heart Catholic Church 815 High St, Klamath Falls, OR 97601

Theme: *"If God is for us, Who can be Against Us"*

Hosts: Court Klamath #1295 & Court St. Pius #2335

Hotel Reservations:

Cerulean Hotel 100 Main St., Klamath Falls 97601 541-882-4666

Please consider attending this year's State Convention. A wonderful Opportunity to meet other CDA sisters from different areas of Oregon. Also a great way to experience the workings of CDA. Come and be part of welcoming in our new State Officers and thanking those that have served these past few years.

If you plan to attend and need a ride please call Julia.

State Penny Drive to benefit the Providence Child Center

The Providence Child Center has been caring for Oregon's most vulnerable children for over 60 years. Providence Child Center provides a rich continuum of services for children and is home to the Center for Medically Fragile Children, a pediatric skilled nursing facility; Providence Children's Development Institute

Money will be collected at all meetings. Our last collection day will be at our April 11th meeting. All funds collected will be turned over at our State Convention. If you are unable to attend a meeting and would like to contribute, please mail your check with Penny Drive written on the memo line to our Financial Secretary:

Friah Rogers 3209 Chambers St. Eugene, Or 97405

CIRCLE OF LOVE ~ *Quality of Life*

**Take a stand against Sexual Exploitation
Human Trafficking Vigil**

This monthly vigil is held on the first Sunday of the month from 1:30-2:00 pm (only 30 minutes) and held on Gateway Street, Springfield near the main entrance to the Gateway Mall just south of the LTD bus transit station. Signs are provided and all are welcome.

Dates for *2019* First Sunday of the month.

**January 6 ~ February 3 ~ March 3 ~ April 7 ~ May 5 ~ June 2 ~ July 7 ~ August 4 ~ September 1
October 6 ~ November 3 ~ December 1**

National Clergy Consultant

Fr. Ed Lamp's Ash Wednesday Reflection

Lent 2019

Dear Sisters in CDA,



Wednesday, March 6th is ASH WEDNESDAY, the beginning of Lent. The three pillars of Lent are prayer, fasting and almsgiving. Prayer, of course, strengthens our relationship with God. Fasting puts the focus on what is truly needed for our Christian discipleship and what distracts from it. Almsgiving helps us practice charity to become more aware of the needs of others.

Each of us has particular Lenten practices that are personally meaningful. Your parish Lenten practices help you observe Lent as a local worshipping community. Lenten practices of the Universal Church join us to the Christian community throughout the world. Every Lenten practice (personal, parish or universal) should raise our awareness and gratitude for the passion, death and resurrection of our Lord, Jesus Christ.

As you consider your personal Lenten disciplines for this year, you would do well to think of them in terms of prayer, fasting and/or almsgiving. I hope you will also consider participating in the parish Lenten practices (listed in your parish bulletins) and keep a strict observance of the Lenten disciplines of the Universal Church.

I always suggest that Our CDA members invite people of other religions or no religion to attend the Stations of the Cross. It is a wonderful way to share the prayer life of the Church.

There is no doubt that if you take the Lenten spirit of prayer, fasting and almsgiving to heart, you will be blessed by a richer faith life and have all the more reason to celebrate the resurrection of Christ at Easter. Have a blessed Lent!!!



Father Ed Lamp





Julia Kelso, Regent
P O Box 8518
Coburg, Or 97408

2019 Calendar of Events

- March** 3 – Seminarian Benefit Dinner at the Eugene Hilton
6 – Ash Wednesday
21 - CDA Mass 12:15 followed by a BROWN BAG  LUNCH and meeting at 1:30.
Speaker Jerry Ragan from Catholic Community services of Lane County will have a presentation at 1:00.
- April** 31 – 5th Sunday KC Breakfast CDA to assist after all morning masses.
11 - CDA Mass 12:15 followed by a BROWN BAG  LUNCH and meeting at 1:30.
14 – Palm Sunday CDA Bake Sale
18 – Holy Thursday
21 - Easter
26-28 State Convention, Klamath Falls Election of New State Officers
30 – Carmelite Benefit Dinner
- May** 3 – Cookie Day at Mt. Angel Seminary
12 - Happy Mothers Day
16 - CDA Mass 12:15 Evening meeting Time and place to be announced.
31 – O'Hara 21st Annual Living Saints Project 12:30-2:30.
- June** 16 – Fathers Day Breakfast CDA to serve coffee cake.
20 - CDA Mass 12:15 followed by a Potluck LUNCH and meeting at 1:30.
30 - 5th Sunday KC Breakfast CDA to assist after all morning masses.
- July** CDA does not meet.
- August** TBA - Court Annual Mass and Picnic